

Picture quiz



NICK ASTBURY

This 25-year-old person complained of a sore left eye associated with a history of left-sided facial pain and a skin rash affecting the forehead and eyelids over the last month

Tick ALL that are TRUE

Question 1

What is the likely diagnosis?

- a. Eczema
 b. Herpes simplex virus infection
 c. Contact dermatitis
 d. Herpes zoster ophthalmicus
 e. Measles

Question 2

What test should be advised?

- a. Skin test for allergens
 b. Cell culture for herpes simplex virus
 c. Blood test for HIV

Question 3

Which of the following are ocular complications of this condition?

- a. Keratitis
 b. Iritis
 c. Cataract
 d. Anaesthetic cornea
 e. Raised intraocular pressure

ANSWERS

1. d. Herpes zoster ophthalmicus (HZO).
 2. c. Many patients with HZO have no obvious predisposing cause, but HIV is a risk factor, so the patient should be advised to have a test for HIV infection. HZO is usually more severe in HIV-positive patients.
 3. a, b, d and e. Ocular complications are more likely if the nasociliary branch of the trigeminal nerve is involved, shown by a rash on the side of the nose.
 HZO may cause keratitis and/or iritis, often associated with raised IOP. An anaesthetic cornea leading to chronic corneal ulceration (neurotrophic keratitis) is a serious long-term complication. Lid scarring with deformities can also lead to exposure keratitis.

World Sight Day 2019 and IAPB photo competition

World Sight Day (10 October 2019) is an international day of awareness about avoidable blindness and its prevention and an important advocacy and communications opportunity for the eye health community. This is a great time to engage with a wider audience: patients' families, working adults, people with diabetes; – and showcase why eye health needs everybody's attention. To find out more, visit www.iapb.org/advocacy/world-sight-day



The theme this year is **Vision First!**

To mark the event, IAPB is inviting you to submit photographs that draw attention to avoidable blindness and visual impairment. There are great prizes to be won: a digital single-lens reflex camera (amateur category) and US \$1,000 (professional category).

Entry is free and the closing date is **10 October 2019**. To find out more, visit <https://photocomp.iapb.org>

CEHJ app update

Community Eye Health Journal app is nearly ready!

We are really excited to share it with you. Join our mailing list at www.cehjournal.org/subscribe and we will notify you when the app is available on Google Play and in the App Store. Your data is secure; we will not share it with others. Send your feedback and suggestions to admin@cehjournal.org.



Courses

MSc Public Health for Eye Care, London School of Hygiene & Tropical Medicine, London, UK

Fully funded scholarships are available for Commonwealth country nationals. For more information visit www.lshtm.ac.uk/study/masters/mscphec.html or email romulo.fabunan@lshtm.ac.uk

Small Incision Cataract Surgery Training at Lions Medical Training Centre in Nairobi, Kenya

Courses begin every six weeks and cost US \$1,000 for training and approximately US \$1,000 for accommodation. Email training@lionsloresho.org or call/message +254 728 970 601 or +254 733 619 191.

Free online courses

The ICEH Open Education for eye care programme offers a series of online courses in key topics in public health eye care. All the courses are free to access. More free courses coming! Certification also available. For more information visit <http://iceh.lshtm.ac.uk/oer/>

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Next issue



PAK-SANG LEE

The next issue of the *Community Eye Health Journal* is on the theme **Examining the eye**